

Sleep in children with neurodevelopmental disorders

Who can take part?

Parents/carers of children with Angelman syndrome, Smith-Magenis syndrome, Tuberous Sclerosis Complex, Prader-Willi syndrome and autism spectrum disorder aged between 2 – 15 years and living in the UK.

Why is this research being done?

We are interested in working with individuals with these neurodevelopmental disorders because sleep disorders are particularly common in these neurodevelopmental disorders. The findings from this research will be very important in helping us to develop ways of helping individuals with these neurodevelopmental disorders in the future.

What will it involve?

The project is called 'Sleep in children with neurodevelopmental disorders,' and aims to further our understanding of sleep quality in children with neurodevelopmental disorders. We are inviting parents to complete a questionnaire about their child's sleep quality, behaviour and health, and any impact on parent/carers' well-being.



Who should I contact to take part/for more information?

There is an information sheet which can be accessed via the link below that gives you more details about why the research is being carried out and what participation will involve.

After having reading the information sheet, if you think that you and your child you care for are interested in taking part in this study, you may complete the consent form and an online questionnaire. Alternatively, if you have further questions about the study or would like a paper copy of the questionnaire, please either telephone **Jayne Trickett** on **0121 414 2855** or email her at jxt292@bham.ac.uk

Please follow this link to read an information sheet about the study,
<http://tinyurl.com/pt2enjs>

(If the above tiny URL does not work, please enter the full link)

<https://lesweb2.bham.ac.uk/surveys/index.php?r=survey/index/sid/293485/lang/en>

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