

Other Triggers for Challenging Behaviour

In the previous pages, you have seen that there are some things in the environment that might trigger challenging behaviour. The different situations described in the section on [causes of challenging behaviour](#) are some of the most common reasons why we see challenging behaviour. However, these are certainly not the only reasons.

In the following pages, we will outline some other triggers for challenging behaviour that may be relevant including [anxiety](#), [interruption to repetitive activities](#) and [frustration related to poor communication skills](#) and how to manage these behaviours.

[NEXT: Challenging behaviour related to anxiety](#)