

# **Behaviours that Challenge Occurring in other Specific Settings**

**Some individuals show behaviours that challenge in highly specific situations and settings.**

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In our recent research study, we have seen a number of children for whom behaviours that challenge only occur under very specific circumstances. The situations that have been described to us include:

- Getting in the bath
- Hearing a particular song being sung
- When being put into a particular chair
- When a meal is finished
- When having hair brushed

Each of these situations is highly specific and possibly unique to particular individuals, making it very difficult to provide any general advice for why these behaviours occur in these situations and how they should be managed.

Understanding the underlying reasons why these particular situations trigger behaviours that challenge is the most important aspect in being able to manage them.

You may need to seek the help and advice from your local clinical psychology service or behaviour nurse therapist in order to implement these assessments and provide appropriate advice for managing these situations.

**NEXT: Setting events**