

Other Triggers for Behaviours that Challenge

In the previous pages you have seen that there are a number of things in the environment that might trigger behaviours that challenge. The different situations described in the section on causes of behaviours that challenge are some of the most common reasons why we see behaviours that challenge. However, these are certainly not the only reasons.

In the following pages we will outline some other triggers for behaviours that challenge that may be relevant including: anxiety, interruption to repetitive activities and frustration related to poor communication skills and how to manage these behaviours.

NEXT: Behaviours that challenge related to anxiety