

Organised by

BRITISH JOURNAL OF
**HOSPITAL
MEDICINE**

18th national conference

Autism Today Annual Meeting

America Square Conference Centre, London
15th & 16th March 2018

Benefits of attending Autism Today Annual Meeting:

- Hear about the most up to date strategies in managing autism and comorbid conditions such as ADHD, sleep, anxiety and eating disorders.
- Examine ways to manage and support people with autism, including CBT and self-management approaches.
- Learn about the practicalities of managing children, adolescents and adults with ASD and supporting the transition of children with autism into adulthood.
- Listen to a personal account on the challenges of diagnosis in Autism.
- Share and exchange ideas with the leading experts in the field.



Follow us on Twitter: @MAHealthEvents
Tweet about the conference: #AutismToday2018

DISCOUNTED
RATE AVAILABLE
UNTIL 12TH JANUARY 2018

To book your place:

 Call us on +44(0)20 7501 6796

 www.mahealthcarevents.co.uk/autismtoday2018



Who should attend?

Autism Today Annual Meeting is aimed at all professionals working with individuals with ASC from both the healthcare and education sectors.

It will be of particular interest to:

- Paediatricians
- Psychiatrists
- Specialist in learning disabilities
- Neurologists
- Clinical psychologists
- General practitioners
- Speech therapists
- Health visitors
- Researchers in the field of autism and learning disabilities
- Nurse specialists in autism / learning difficulties /psychiatry
- Education professionals and assistants working with people with ASC
- All trainees in these disciplines



18th national

Autism Today Ann

Thursday 15th March 2018

08.45-09.25 **Registration and refreshments**

09.25-09.30 **Welcome and introduction**

CHAIR: **Professor Samuel Stein**, Consultant in Child, Adolescent and Family Psychiatry, Visiting Professor at the Institute for Health Research, University of Bedfordshire

09.30-10.00 **Not quite autism or ASD**

Professor Samuel Stein, Consultant in Child, Adolescent and Family Psychiatry, Visiting Professor at the Institute for Health Research, University of Bedfordshire

10.00-10.30 **Symptoms and diagnosis of autism in individuals with genetic disorders**

Dr Jane Waite

10.30-10.40 **Discussion**

10.40-11.10 **Refreshments and exhibition viewing**

11.10-11.40 **Dental management of patients with autism**

Zahra Shehabi and **Stacey Clough**, Consultant, Sedation and Special Care Dentistry, The Royal London Dental, Hospital, Barts Health NHS Trust, London

11.40-11.45 **Discussion**

ADULT ASD

11.45-12.15 **The contagion of existentialism in the double empathy problem: An Autistic Clinical Psychologist's perspective**

Dr Claire Evans-Williams, Consultant Clinical Psychologist; Clinical Director, The Autism Academy UK

12.15-12.20 **Discussion**

12.20-13.20 **Lunch and exhibition viewing**

13.20-14.00 **The practicalities of managing adults with ASD and intellectual disability**

Dr Shahid Zaman, Consultant Psychiatrist, Cambridge Intellectual and Developmental Disabilities Research Group, University of Cambridge

14.00-14.30 **Adult ADHD; recognition and management**

Dr Rashid Zaman, Consultant Psychiatrist, Associate Lecturer, University of Cambridge

14.30-14.40 **Discussion**

14.40-15.00 **Refreshments and exhibition viewing**

15.00-15.30 **Modifying CBT for adolescents with ASD**

Dr Paul Abeles, Consultant Clinical Psychologist, Royal Manchester Children's Hospital, Manchester

15.30-16.00 **Risk markers and maintenance mechanisms for self-injury in autism**

Dr Caroline Richards, Lecturer in Neurodevelopmental Disorders and Clinical Psychologist, University of Birmingham

16.00-16.30 **Sleep disorders in children with ASD**

Helen Rutherford

16.30 **Discussion and close of day one**

Conference Annual Meeting 2018

Friday 16th March 2018

09.00-09.30 **Registration and refreshments**

CHAIR: **Dr Vicki Grahame**, Consultant Clinical Psychologist, Honorary Clinical Senior Lecturer, Newcastle University, Clinical Lead for Complex Neurodevelopmental Disorders Service, Newcastle

MENTAL HEALTH COMORBIDITY

09.30-10.00 **Anxiety in young people with ASD**

Dr Vicki Grahame, Consultant Clinical Psychologist, Honorary Clinical Senior Lecturer, Newcastle University, Clinical Lead for Complex Neurodevelopmental Disorders Service, Newcastle

10.00-10.30 **Link between ASD and anorexia nervosa**

Dr Kate Tchanturia, Reader in Psychology of Eating Disorders, Psychological Medicine, King's College London, Consultant Clinical Psychologist, South London and Maudsley NHS Trust

10.30-10.40 **Discussion**

10.40-11.05 **Refreshments and exhibition viewing**

11.05-11.35 **The challenges of diagnosis in ASD:**

A personal perspective

Patrick Samuel, Asperger Artist

11.35-12.05 **Sexuality and relationships in ASD**

Dr Sally Powis, Consultant Clinical Psychologist, Spectrum Specialists

12.05-12.15 **Discussion**

12.15-12.45 **Behavioural issues around feeding in ASD**

Dr Veronica Kelly, Consultant in Paediatric Neurodisability, Evelina London Children's Hospital

12.45-13.45 **Lunch and exhibition viewing**

13.45-14.15 **Sensory reactivity in autism:
from measures to mechanisms**

Teresa Tavassoli

14.45-15.15 **Working with young people with ASD in custody**

Dr Celia Sadie, Lead Clinical Consultant,
North East London Foundation Trust

Dr Clare Holt, Senior Clinical Psychologist, Central & North West
London NHS Foundation Trust, London

Dr Heidi Hales, Consultant Adolescent Forensic Psychiatrist,
Central and North West London NHS Foundation Trust

15.15-15.20 **Discussion**

15.20-15.40 **Refreshments**

15.40-16.15 **Gender dysphoria in autism**

Finlay Games and **Wenn Lawson**

16.15-16.30 **The future of ASD- what should we be striving for,
and where should we be in 5 years?**

Dr Sally Powis, Consultant Clinical Psychologist, Spectrum Specialists

16.30 **Close of conference**



Feedback from Autism Today 2016:

"Excellent well organised conference with in depth lectures & discussions."

"Thank you for a fascinating & inspiring conference!"

"A very good range of topics."

"Really engaging and informative conference - thank you!"

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Forenames

Surname

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Post code

Telephone

Email

I understand that this registration booking is subject to the booking conditions.

Signature

Date

Delegate Rates Please tick the box as applicable

Consultants, GPs and Industry Representatives

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2 days £495.83 + VAT = £595.00 £583.33 + VAT = £700.00

1 day £360.83 + VAT = £433.00 £435.00 + VAT = £522.00

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Until 12th January 2018 After 12th January 2018

2 days £370.83 + VAT = £445.00 £456.67 + VAT = £548.00

1 day £339.17 + VAT = £407.00 £390.00 + VAT = £468.00

Value added tax; UK Customs & Excise specify that all conference participants must pay VAT at its current rate of 20%

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We are unable to process any bookings without this information. We are unable to send out invoices to home addresses.

PLEASE COMPLETE IN FULL WITH CONTACT NAME IF DIFFERENT FROM ABOVE

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Conference fee includes

Entrance to the conference, lunch & refreshments, full conference documentation and certificate of accreditation.

Confirmation of booking

All bookings will be confirmed by email, unless otherwise stated. Please contact us if you have not received your confirmation 5-7 days after submitting your booking.

Exhibition & Sponsorship

If you are interested in exhibiting or sponsoring this event contact: Sam on +44 (0)207 501 6679 sam.yekta@markallengroup.com

The Venue

America Square Conference Centre, No.1, America Square, 17 Crosswall, London EC3N 2LB

Accommodation

Once your booking is confirmed we will send you a list of recommended hotels.

How did you hear about the conference?

- Direct mailing
- Email
- Recommendation
- MA Healthcare Events website
- Other website (please specify) _____
- Advert in Journal (please specify) _____
- Other (please specify) _____

Booking conditions

MA Healthcare Ltd (The Company) accepts bookings under the following conditions:

- 1 Returning the signed registration form constitutes a firm booking.
- 2 The Company reserves the right to cancel a booking if payment is not made six weeks prior to the conference taking place. Any outstanding payment becomes the responsibility of the signatory made on the reservation form.
- 3 Written cancellations received six weeks prior to the conference will be accepted and a refund less a 10% administration fee will be made. After this date, no refunds can be given. Verbal cancellations will not be accepted. If written cancellation is not received six weeks prior to the conference full payment will still be due irrespective of whether the delegate attends the conference. Substitute delegates are welcome at any time.
- 4 MA Healthcare Ltd reserves the right to make changes to the speakers and programmes without prior notice. Speakers approached at time of print.

Full terms and conditions can be viewed at: www.mahealthcareevents.co.uk/terms.shtml

For more information visit www.mahealthcareevents.co.uk/autismtoday2018 or telephone +44 (0)207 501 6796 email: georgia.pearl@markallengroup.com

Please return to: MA Healthcare Ltd, Autism Today 2017, FREEPOST BFH1337, London, SE24 9BR

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